



**SKATE CANADA – CENTRAL ONTARIO  
FIGURE SKATING BOUTIQUE  
SUMMER SKATE 2009**



**AUGUST 13 - 16, 2009**

**THORNHILL COMMUNITY CENTRE  
7755 Bayview Avenue (at John Street)  
Thornhill, Ontario**

Sanctioned by Skate Canada and the United States Figure Skating Association

An invitation is extended to all eligible figure skaters to participate in the 48th annual Skate Canada – Central Ontario Figure Skating Boutique Summer Skate Competition. Skate Canada rules and regulations will apply throughout the competition unless otherwise specified.

**Cumulative Points Calculation System (CPC) will be used at this competition.  
All officials at this competition have been trained in the Cumulative Points Calculation System (CPC).**

**ENTRY FEES: SINGLES** \$ 85.00 per person for Pre-Juvenile and Juvenile categories  
\$150.00 per person for Pre-Novice, Novice, Junior and Senior categories

**PAIR** \$115.00 per couple for first category  
\$ 75.00 per couple for additional pair category

**DANCE** \$115.00 per couple for first category  
\$ 75.00 per couple for second category  
\$ 50.00 per couple for third dance category (Junior and Senior only)

**Singles categories (Short and Free Programs) are offered as combined categories only.  
Dance and Pair categories will be offered as separate categories only.  
All groups are final except Pre-Novice, Novice and Junior Women categories.  
Pre-Novice, Novice and Junior Women categories will be divided into flights (short & free)  
and a final (free program only) will be offered.**

A portion of the entry fee has been assigned to assist with the cost of the equipment for the Cumulative Points Calculation System as well as the training for all officials.

**SKATING UP:** Skaters are permitted to skate at a higher level than their qualification (i.e. qualified for Pre-Novice, may skate up to Novice). Skaters in every discipline must meet the minimum test requirement for Pre-Juvenile in that discipline.

**RESTRICTIONS:** In the case of a very large entry in any category, the entries will be drawn into groups. All drawn groups are final and cannot be changed. Categories with only one entry will be given the option of skating an exhibition or skating in a higher category if it is available. The decision is to be made by the Technical representative based on availability of ice time. Singles skaters are permitted to enter only one singles category, Dance & Pair skaters are permitted to enter only one category of a similar type, i.e. one long program + one short program, or one compulsory + one original dance + one free dance.

**QUALIFICATION FOR ENTRY:** Competitors wishing to enter shall have passed the tests for the various categories by July 1, 2009.

**TEST AND AGE REQUIREMENTS:** As on July 1, 2009.

**CLOSING DATE OF ENTRIES:** All fully completed entry forms including Skate Canada numbers must be received at the Skate Canada – Central Ontario office, by **July 8, 2009**, prior to the close of business (4:30 p.m.) regardless of postmark or courier date. Cheques are to be made payable to: **SKATE CANADA - CENTRAL ONTARIO**. Entries with post-dated cheques and faxed entries will not be accepted. A service charge of \$25.00 will be applied to cheques returned by your bank. Registrations will be accepted on first come first served basis with restrictions in certain categories to accommodate the scheduling of categories. Late entries may be accepted at the discretion of the Technical Representative in charge and will be subject to a \$25.00 late fee. The \$25.00 late fee must be included with the application and the entry fee when submitted. A \$10.00 incomplete charge will be applied if your registration form is not filled in correctly.

**SEND ENTRIES TO:** Irma Orzeck, Registrar  
Skate Canada - Central Ontario  
111 Snidercroft Road, Unit A  
Concord, ON L4K 2J8

Telephone: 905-760-9100 ext. 229  
Toll Free: 1-877-267-0081 ext. 229

No skater will skate until all money owing is properly paid upon registration at the Event Venue on the day of the competition. The entry form may be photocopied as needed. The Committee reserves the right to limit entries in categories.

**REFUNDS AND WITHDRAWALS:** Full refunds will be given for any cancelled categories. If an entry is withdrawn prior to July 8, 2009, a refund (less an administrative fee of \$25.00 per skater) will be granted. **NOTE: NO REFUNDS will be granted after July 8, 2009.**

**ICE DIMENSIONS:** West and East Arenas 85' x 200'

**REGISTRATION:** All competitors and coaches are required to register upon arrival at the arena. Registration and music registration will commence one hour prior to the first category of the day. Each competitor and his/her coach will receive an identification tag that must be retained and used as a pass for the duration of the competition. All skaters **MUST** have their music and planned program content sheet when registering.

**MARKING:** Closed marking will be used.

**AWARDS:** Medals for 1st, 2nd and 3rd place will be awarded for each final category. For the Pre-Novice, Novice and Junior women categories, ribbons will be presented to the first, second and third place winners of each flight. Winners may pick up their medals/ribbons after the results have been posted.

**MUSIC:** Both arenas will be equipped with variable speed cassette tape players and CD players. **TWO** cassettes, **TWO** CDs or a combination of **ONE** tape cassette and **ONE** CD will be accepted. These **MUST** be registered with music registration at least one hour prior to the posted start time of the category and may not be removed for any reason until after the category is completed. It is recommended that if 2 CDs are registered for the category, the skater should also carry a back-up tape cassette in case the CDs do not play properly. Music must be picked up within 30 minutes after completion of the category. Exact timing of cassettes cannot be guaranteed.

**Standard Specifications for Music**

1. Only one (1) program shall be recorded on each cassette or CD.
2. Cassettes and/or CDs must be marked with the skater's name, the category name and total music time.
3. Each cassette or CD shall be enclosed in a plastic case which also must be marked with the skater's name, the category name and the total music time.

**COACH ACCREDITATION:** In order to be accredited at the Skate Canada - Central Ontario Figure Skating Boutique Summer Skate 2009 Competition, Skate Canada coaches must be enrolled in the Section Coach Photo ID Program and **must bring the Photo ID** with them and **wear it at all times throughout the event.** Up to two certified coaches per entry will be accredited.

**If a coach does not have their up to date Photo ID but is accredited to enter, a Temporary ID will be provided.  
A cost of \$25.00 will be required by the Skate Canada-Central Ontario (COS) office after the event, if a Temporary ID has been provided to a COS coach more than two consecutive events.  
No Refund, No Exceptions.**

**PRACTICE ICE:** There will be no official practice ice.

**SCHEDULE:** Schedule, Entries and Start Orders will be posted on the website at [www.skatecanada-centralontario.com](http://www.skatecanada-centralontario.com) as they become available and no later than Friday August 7, 2009.

**REFRESHMENTS:** Concession booth will be open during the competition.

**GENERAL** Daily Pass - \$6.00, All-Event Pass - \$20.00  
**ADMISSION** Senior Citizens and Children under 12 - \$4.00 per day or All-event tickets \$12.00

**VIDEO TAPING:** A professional video taping services will be available. Private videotaping of your own competitor only is permitted (see Rule 5111 (b)).

**FOR ADDITIONAL INFORMATION CONTACT:** Irma Orzeck 905-760-9100 ex. 229  
**THORNHILL COMMUNITY CENTRE:** For extra ice time only - 905-944-3800

**ACCOMMODATIONS:**

**HOTELS:** Reservations must be made directly with the hotel of your choice. Indicate that you are attending "Skate Canada - Central Ontario Figure Skating Boutique Summer Skate 2009".

**OFFICIAL HOTEL:**      **HOLIDAY INN HOTEL AND SUITES**  
7095 Woodbine Ave.  
Markham, ON L3R 1A3  
Tel: 1-800-387-3303 or 905-474-0444  
Rate: \$99.00 plus applicable taxes

*Reservations must be made before July 30, 2009 to be eligible for group rate*

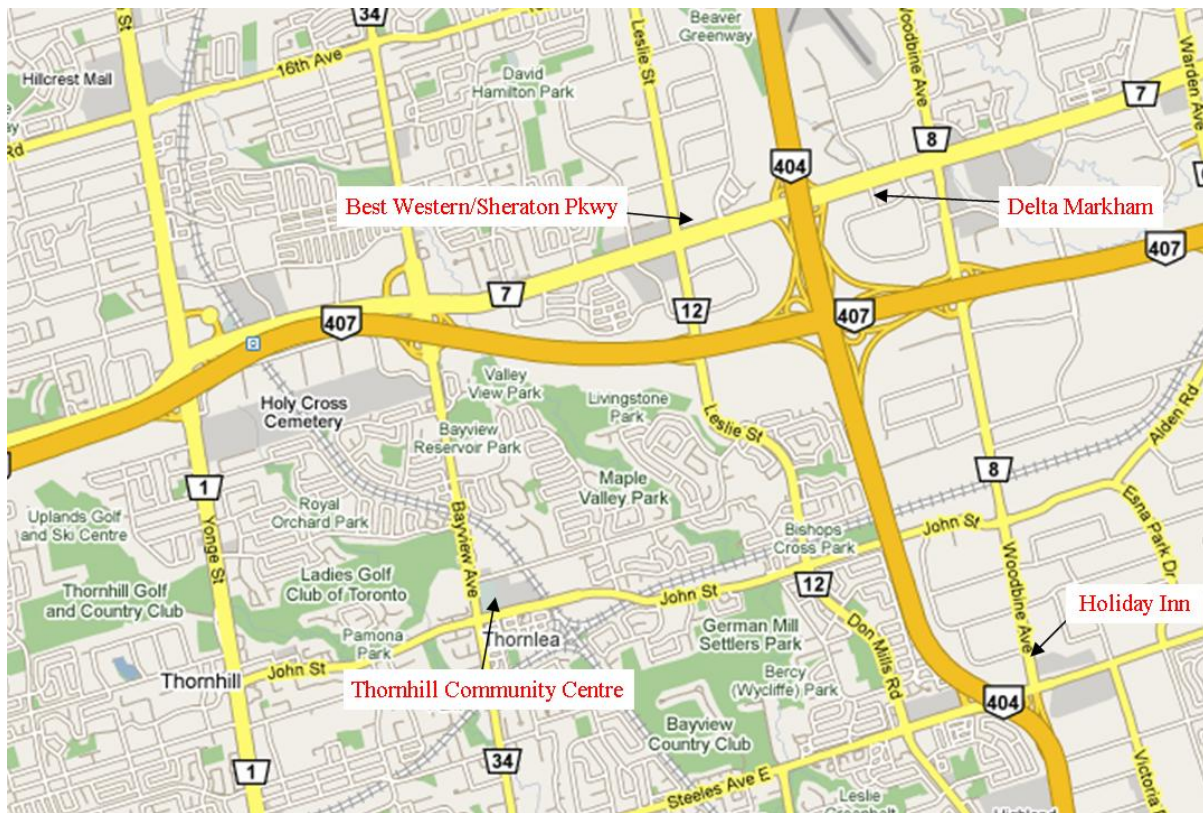
**ALTERNATE HOTELS:**      **SHERATON PARKWAY TORONTO NORTH & BEST WESTERN**  
600 Highway 7 East  
Richmond Hill, ON L4B 1B2  
Tel: 1-800-668-0101 or 905-882-3101  
Rates:    Best Western: \$99.00  
            Sheraton Parkway: \$119.00

*Reservations must be made by July 30, 2009*

**DELTA MARKHAM**  
50 East Valhalla Drive  
Markham, ON L3R 0A3  
Tel: 1-800-268-1133 or 905-477-2010  
Rates: \$112.00  
[www.deltamarkham.com](http://www.deltamarkham.com)

*Reservations must be made by July 2, 2009*

**MAP TO ARENA AND HOTELS**



## SINGLES CATEGORIES

ALL CATEGORY CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN EDMONTON, JUNE 2009.

**NOTE: Categories with both short and free programs are offered as combined categories only.** All groups are final excluding Pre-Novice, Novice and Junior Women categories. Pre-Novice, Novice and Junior women categories will be divided into flights (combined short and free) and a final (free program only) will be offered.

**All free programs in the 2009-2010 competitive season must meet the well-balanced program content requirements established by Skate Canada. COS Figure Skating Boutique Summer Skate 2009 will be judged under the CPC system.**

<b>SENIOR</b>	Qualifying test requirement:	Senior Competitive test (USFSA Senior Free Skating test).
	<b>SHORT PROGRAM</b>	Required elements - <b><i>Please see Appendix A</i></b> Maximum time: 2 Minutes 50 Seconds
	<b>FREE PROGRAM</b>	WOMEN: 4 Minutes                      MEN: 4 Minutes 30 Seconds
<b>JUNIOR</b>	Qualifying test requirement:	Junior Competitive test. (USFSA Junior Free Skating test)
		Shall meet ISU Junior Age Criteria – Must have reached the age of 13 but be under the age of 19 as of July 1, 2009
	<b>SHORT PROGRAM</b>	Required elements - <b><i>Please see Appendix A</i></b> Maximum time: 2 Minutes 50 Seconds
	<b>FREE PROGRAM</b>	WOMEN: 3 Minutes 30 Seconds      MEN: 4 Minutes
<b>NOVICE</b>	Qualifying test requirement:	Novice Competitive test. (USFSA Novice Free Skating test)
	<b>SHORT PROGRAM</b>	Required elements - <b><i>Please see Appendix A</i></b> Maximum time: 2 Minutes 30 Seconds
	<b>FREE PROGRAM</b>	WOMEN: 3 Minutes                      MEN: 3 Minutes 30 Seconds
<b>PRE-NOVICE</b>	Qualifying test requirement:	Pre-Novice Competitive test. (USFSA Intermediate test)
	<b>SHORT PROGRAM</b>	Required elements - <b><i>Please see Appendix A</i></b> Maximum time: 2 Minutes 30 Seconds
	<b>FREE PROGRAM</b>	WOMEN: 3 Minutes                      MEN: 3 Minutes
<b>JUVENILE</b>	Qualifying test requirement:	Juvenile Competitive Test. (USFSA Juvenile Free Skating test). Must not have reached the age of 12 (women) and 13 (men) on July 1, 2009.
	<b>FREE PROGRAM</b>	WOMEN: 2 Minutes 30 Seconds      MEN: 2 Minutes 30 Seconds
<b>PRE-JUVENILE</b>	Qualifying test requirement:	Complete Junior Bronze Free Skating test.
		Competitors must have not reached the age of 11 (women) and 12 (Men) on July 1, 2009.
	<b>FREE PROGRAM</b>	WOMEN: 2 Minutes 30 Seconds      MEN: 2 Minutes 30 Seconds

## PAIR CATEGORIES

ALL CATEGORY CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN EDMONTON, JUNE 2009.

All groups are final categories excluding Pre-Novice, Novice and Junior women categories. **NOTE: PAIR Short Programs and Free Programs are separate categories.**

**All free programs in the 2009 - 2010 competitive season must meet the well-balanced program content requirements established by Skate Canada. COS Figure Skating Boutique Summer Skate 2009 will be judged under the CPC system.**

### SENIOR PAIR SHORT PROGRAM

Qualifying test requirement: Senior Competitive Pair test.  
Maximum time: 2 Minutes 50 Seconds  
Required Elements – ***Please see Appendix A***

### SENIOR PAIR FREE PROGRAM

Qualifying test requirement: Senior Competitive Pair test  
Free Skating Program time: 4 Minutes 30 Seconds

### JUNIOR PAIR SHORT PROGRAM

Qualifying test requirement: Junior Competitive Pair test or higher.  
Maximum time: 2 Minutes 50 Seconds  
Required Elements – ***Please see Appendix A***

### JUNIOR PAIR FREE PROGRAM

Qualifying test requirement: Junior Competitive Pair test or higher.  
Free Skating Program time: 4 Minutes

### NOVICE PAIR SHORT PROGRAM

Qualifying test requirement: Novice Competitive Pair test or higher.  
Maximum time: 2 Minutes 40 Seconds  
Required Elements - ***Please see Appendix A***

### NOVICE PAIR FREE PROGRAM

Qualifying test requirement: Novice Competitive Pair test or higher.  
Free Skating Program time: 3 Minutes 30 Seconds

### PRE-NOVICE PAIR SHORT PROGRAM

Qualifying test requirement: Pre-Novice Competitive Pair test or higher.  
Maximum time: 2 Minutes 40 Seconds  
Required Elements - ***Please see Appendix A***

### PRE-NOVICE PAIR FREE PROGRAM

Qualifying test requirement: Pre-Novice Competitive Pair test or higher.  
Free Skating Program time: 3 Minutes

### JUVENILE PAIR FREE PROGRAM

Qualifying test requirement: Juvenile Competitive Pair test or higher.  
Free Skating Program time: 2 Minutes 30 Seconds

### PRE-JUVENILE PAIR FREE PROGRAM

Qualifying test requirement: Each partner must not have passed any Pair test. Each partner must have passed the complete Preliminary Free Skating test but not higher than the complete Junior Bronze Free Skating test and must not have reached the age of 14 on July 1, 2009.  
Overhead lifts are not allowed.  
Free Skating Program time: 2 Minutes 30 Seconds

## DANCE CATEGORIES

ALL CATEGORY CRITERIA ARE SUBJECT TO AMENDMENTS PASSED AT THE SKATE CANADA ACGM IN EDMONTON, MAY 2009.

All groups are final categories excluding Pre-Novice, Novice and Junior women categories. **NOTE: All Dance categories will be offered as separate categories only.**

**All programs in the 2009 - 2010 competitive season must meet the well-balanced program content requirements established by Skate Canada. COS Figure Skating Boutique Summer Skate 2009 will be judged under the CPC system.**

<b>SENIOR COMPULSORY DANCE</b>	Qualifying test requirement: The Senior Competitive Dance Test. One compulsory dance of the two compulsory dances listed below will be drawn to skate. <b><i>Golden Waltz or Tango Romantica</i></b>
<b>SENIOR ORIGINAL DANCE</b>	Qualifying test requirement: The Senior Competitive Dance Test. <b>Folk/Country Dance</b>
<b>SENIOR FREE DANCE</b>	Qualifying test requirement: The Senior Competitive Dance Test. Free Dance Program: 4 Minutes
<b>JUNIOR COMPULSORY DANCE</b>	Qualifying test requirement: The Junior Competitive Dance Test or higher. One compulsory dance of the two compulsory dances listed below will be drawn to skate. <b><i>Westminster Waltz or Argentine Tango</i></b>
<b>JUNIOR ORIGINAL DANCE</b>	Qualifying test requirement: The Junior Competitive Dance Test or higher. <b>Folk/Country Dance</b>
<b>JUNIOR FREE DANCE</b>	Qualifying test requirement: The Junior Competitive Dance Test or higher. Free Dance Program: 3 Minutes 30 Seconds
<b>NOVICE COMPULSORY DANCE:</b>	Qualifying test requirement: The Novice Competitive Dance Test or higher Two of the four dances listed below shall be drawn and skated in the order listed: <b><i>Starlight Waltz, Kilian, Argentine Tango, Silver Samba</i></b>
<b>NOVICE FREE DANCE:</b>	Qualifying test requirement: The Novice Competitive Dance Test or higher. Free Dance Program: 3 Minutes
<b>PRE-NOVICE COMPULSORY DANCE:</b>	Qualifying test required: Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher. Two of the four dances listed below shall be drawn and skated in the order listed: <b><i>European Waltz, Keats Foxtrot, Harris Tango, Rocker Foxtrot</i></b>
<b>PRE-NOVICE FREE DANCE:</b>	Qualifying test required: Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher. Free Dance Program: 2 Minutes 30 Seconds
<b>JUVENILE COMPULSORY DANCE:</b>	Qualifying test requirement: Each partner must have passed the complete Junior Bronze Dance test or higher. Two of the four dances listed below shall be drawn and skated in the order listed: <b><i>Fiesta Tango, Ten-Fox, Fourteenstep, European Waltz</i></b>
<b>JUVENILE FREE DANCE:</b>	Qualifying test requirement: Each partner must have passed the complete Junior Bronze Dance test or higher. Free Dance Program: 2 Minutes
<b>PRE-JUVENILE COMPULSORY DANCE</b>	Qualifying test requirement: Each partner must have passed the complete Preliminary Dance test and must <u>not</u> have reached the age of 14 on July 1, 2009. <b>Baby Blues, Willow Waltz</b>

## ELEMENTS FOR 2009-2010 SEASON (Subject to Change)

### Required Elements - Senior Singles Short Program

#### **WOMEN**

- (a) Double Axel Paulsen
- (b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump or two triple jumps
- (d) Flying Spin
- (e) Layback or sideways leaning spin
- (f) Spin combination with all three basic positions (sit, camel, upright or any variation thereof) and only one change of foot.
- (g) Spiral sequence
- (h) Step sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

### Required Elements - Senior Singles Short Program

#### **MEN**

- (a) Double or Triple Axel Paulsen
- (b) One triple or quadruple jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump or two triple jumps, or a quadruple jump and a double or triple jump
- (d) Flying Spin
- (e) Camel spin or sit spin with only one change of foot
- (f) Spin combination with all three basic positions (sit, camel, upright or any variation thereof) and only one change of foot.
- (g) Two step sequences of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

### Required Elements - Junior Singles Short Program

#### **GROUP B**

#### **WOMEN**

- (a) Double Axel Paulsen
- (b) One double or triple Flip immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of two double jumps, or one double and one triple jump or two triple jumps
- (d) Flying Sit spin
- (e) Layback or sideways leaning spin
- (f) Spin combination with all three basic positions (sit, camel, upright or any variation thereof) and only one change of foot.
- (g) Spiral sequence
- (h) Step sequence (straight line, circular or serpentine).

Maximum time: 2 Minutes 50 Seconds

### Required Elements - Junior Singles Short Program

#### **GROUP B**

#### **MEN**

- (a) Double Axel or triple Axel Paulsen
- (b) One double or triple Flip immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump, or two triple jumps.
- (d) Flying Sit spin
- (e) Camel spin with only one change of foot.
- (f) Spin combination with all three basic positions (sit, camel, upright or any variations thereof) and only one change of foot.
- (g) Two different step sequences of a different nature (straight line, circular or serpentine).

Maximum time: 2 Minutes 50 Seconds

**Required Elements – Novice Women Short Program**

- (a) Axel or double Axel
  - (b) One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements\* (may not repeat double Axel)
  - (c) One jump combination consisting of two double jumps or one double and one triple jump\* (may not repeat double Axel)
  - (d) Layback or sideways leaning spin
  - (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)
  - (f) Spiral sequence
  - (g) Step sequence
- Maximum time: 2 Minutes 30 Seconds

**Required Elements - Novice Men Short Program**

- (a) Axel or Double Axel
  - (b) One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements\* (may not repeat double Axel)
  - (c) One jump combination consisting of two double jumps or one double and one triple jump\* (may not repeat double Axel)
  - (d) Camel or sit spin. Change of foot is optional. No flying entrance.
  - (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)
  - (f) Two different step sequences of a different nature (straight line, circular or serpentine)
- Maximum time: 2 Minutes 30 Seconds

\* **Novice please note:** The jump combination may consist of the same or two different double jumps, or one double and one triple jump. The double Axel **may not** be repeated in the solo jump or jump combination. The jumps in the combination must be different than the solo jump.

**Required Elements - Pre-Novice Women Short Program**

- (a) Axel or double Axel
  - (b) One double or triple jump\*\* (may not repeat double Axel)
  - (c) One jump combination consisting of two double jumps or one double and one triple jump\*\* (may repeat double Axel)
  - (d) Layback or sideways leaning spin
  - (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)
  - (f) Spiral sequence
  - (g) Step sequence
- Maximum time: 2 Minutes 30 Seconds

**Required Elements - Pre-Novice Men Short Program (Group B)**

- (a) Axel or Double Axel
- (b) One double or triple jump\*\* (may not repeat double Axel)
- (c) One jump combination consisting of two double jumps or one double and one triple jump\*\* (may repeat double Axel)
- (d) Camel spin with only one change of foot
- (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof)
- (f) Two different step sequences of a different nature (straight line, circular or serpentine)

Maximum time: 2 Minutes 30 Seconds

\*\* **Pre-Novice please note:** The jump combination may be composed of the same, or two different double jumps, or one double and one triple jump. If a triple jump is executed in the jump combination, a second triple jump **may not** be executed as the solo jump. If a triple jump is executed as the solo jump a second triple jump **may not** be executed in the jump combination. Jumps in the combination must be different than the solo jump however the double axel may be repeated in the jump combination.

## PAIR ELEMENTS

### Required Elements - Senior Pair Short Program – Group A

- (a) Any hand to hand lift take-off (Group 4)
- (b) One twist lift (double or triple)
- (c) One throw jump (double or triple)
- (d) One solo jump (double or triple)
- (e) Solo spin combination with only one change of foot and at least one change of position
- (f) Pair spin combination with at least one change of position and only one change of foot (sit, camel, upright or any variation thereof)
- (g) Death Spiral – backward outside
- (h) Step Sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 50 Seconds

### Required Elements – Junior and Novice Pair Short Program (Group A (1))

- (a) One hand to hand loop lift take off (Group 4)
- (b) One twist lift (double)
- (c) Any double or triple jump (Double Flip or double Axel for Junior)
- (d) Solo spin combination with only one change of foot and at least one change of position
- (e) Pair spin combination with at least one change of position and only one change of foot
- (f) Death spiral – backward outside
- (g) Step Sequence (straight line, circular or serpentine)
- (h) Throw Double Salchow (Juniors may do Throw Triple Salchow)

Maximum time: 2 Minutes 50 Seconds (**Junior**) 2 minutes 40 Seconds (**Novice**)

### Required Elements - Pre-Novice Pair Short Program

- (a) One lift from group 1, 2, 3 or 4
- (b) One twist (single or double)
- (c) One solo jump (Axel or any double jump)
- (d) Solo spin in one position, no change of foot (minimum 4 rotations)
- (e) Pair spin (minimum 4 rotations) - any but not a combination
- (f) One spiral figure (See definition of Spiral Figure, regulation D-2.4)
- (g) Spiral step sequence
- (h) Step sequence (straight line, circular or serpentine)

Maximum time: 2 Minutes 40 Seconds